

Maintain a Healthy Work Environment – Lodging Facilities



CDC & NCDHHS Recommendations:

- Maintain social distancing.
- Mark six feet of spacing in high-traffic customer areas.
- Conduct daily symptom screening of employees before entering the workplace and immediately send symptomatic workers home.
- Have a plan in place to immediately isolate an employee from work if symptoms develop.
- Provide tissues and no-touch disposal receptacles.
- Provide soap and water in the workplace. If soap and water are not readily available, use alcohol-based hand sanitizer that is at least 60% alcohol. If hands are visibly dirty, soap and water should be chosen over hand sanitizer. Ensure that adequate supplies are maintained.
- Place hand sanitizers in multiple locations to encourage hand hygiene.
- Place posters that encourage hand hygiene to help stop the spread at the entrance to your workplace and in other workplace areas where they are likely to be seen.
- Provide masks and gloves to employees. Wear cloth face coverings in public settings where other social distancing measures are difficult to maintain.

Cleaning and Disinfection

- Sinks, vanities, toilets, and showers in guest rooms shall be cleaned and disinfected between guests
- Wear disposable gloves to clean and disinfect.
- Clean surfaces using soap and water, then use disinfectant.
- Discourage workers from using other workers' phones, desks, offices, or other work tools and equipment, when possible. If necessary, clean and disinfect them before and after use.
- Provide disposable wipes so that commonly used surfaces (for example, doorknobs, keyboards, remote controls, desks, other work tools and equipment) can be wiped down by employees before each use. To disinfect, use products that meet EPA's criteria for use against SARS-Cov-2 external icon, the cause of COVID-19, and are appropriate for the surface.
- If a sick employee is suspected or confirmed to have COVID-19, follow the CDC cleaning and disinfection recommendations.
- Recommend use of EPA-registered disinfect household cleaner.
- Follow the instructions on the label to ensure safe and effective use of the product.
Many products recommend:
 - Keeping surface wet for a period of time (see product label).
 - Precautions such as wearing gloves and making sure you have good ventilation during use of the product.
 - Bleach solutions will be effective for disinfection up to 24 hours.
 - Alcohol solutions with at least 70% alcohol may also be used.
- To make a bleach solution, mix:
 - ¼ cup bleach per gallon of water
OR

- 1 Tablespoon bleach per quart of water

For clothing, towels, linens, laundry, and other items

- Clean bed and bath linen in good repair shall be provided for each guest who is provided accommodations and shall be changed between successive guests.
- Two sheets shall be provided for each bed. The lower sheet shall be folded under both ends of the mattress. The upper sheet shall be folded under the mattress at the lower end.
- Clean linen and supplies shall be stored in cabinets, or on shelves in linen and supply storage rooms. Cabinets, shelves, and storage rooms shall be in good repair and kept clean.
- Items on housekeeping carts shall be arranged in a manner to prevent cross-contamination between soiled and cleaned items. Housekeeping carts shall be kept clean and stored to protect items from contamination.
- Soiled laundry shall be handled and stored separately from clean laundry using separate cleanable carts or bags.
- Carts used for soiled laundry shall be labeled or identified for soiled laundry use only.
- Launder items according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely.
- Wear disposable gloves when handling dirty laundry from a person who is sick.
- Dirty laundry from a person who is sick can be washed with other people's items.
- Do not shake dirty laundry.
- Clean and disinfect clothes hampers according to guidance above for surfaces.
- Remove gloves, and wash hands right away.

Consider improving the engineering controls using the building ventilation system. This may include some or all of the following activities:

- Increase ventilation rates.
- Increase the percentage of outdoor air that circulates into the system.

Swain County Recommendations:

- Wear masks when cleaning.
- Discourage handshaking – encourage the use of other noncontact methods of greeting.
- Change clothes prior to family contact if possible and launder clothing as soon as possible.
- Install acrylic or plastic shields between receptionist and customers if possible.
- If possible, leave doors open to business – prop front doors open to reduce customers contact

Continue to check and follow up to date guidance from CDC & NCDHHS for recommendations. Follow all Executive Orders issued by Governor Cooper.

Swain County Health Department
545 Center Street
Bryson City, NC 28713
828-488-3198

05/05/2020